




Let's journey *together*



**GILMORE**  
GARDENS

INSPIRED SENIOR LIVING WITH



An elderly couple is walking outdoors in a lush, green park-like setting. The woman on the left has short, white hair and is wearing a purple, textured jacket with a ruffled collar. She is smiling broadly, showing her teeth. The man on the right has white hair, wears glasses, and is dressed in a light-colored blazer over a blue and white striped button-down shirt. He is also smiling and looking towards the right. The background is filled with out-of-focus green foliage, creating a bright and cheerful atmosphere.

Retirement living can be  
*inspired and inspiring.*

Every day our residents prove  
that the historical definition of  
senior living can be reshaped  
and rethought.



## Welcome *home*

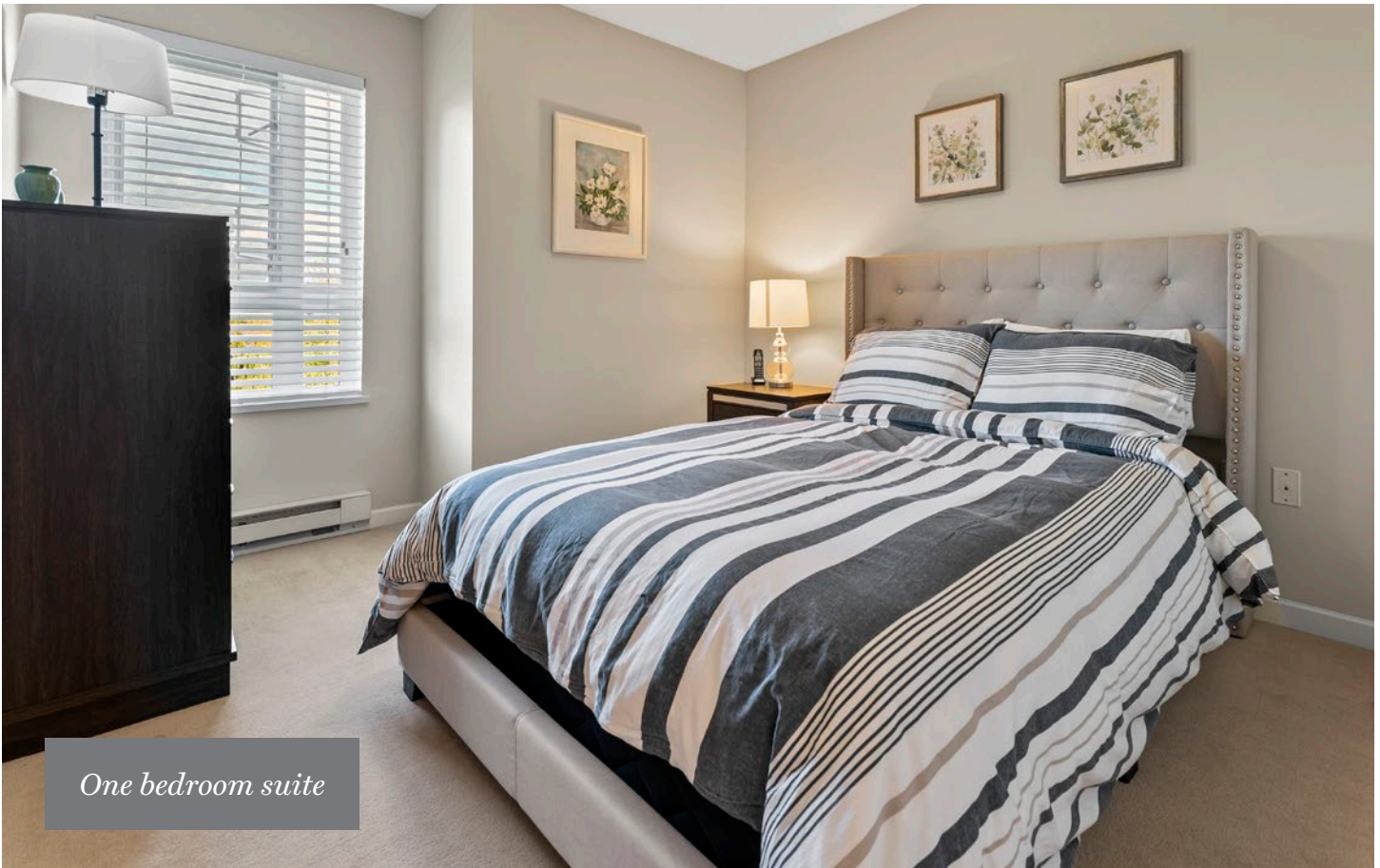
Nestled between the Fraser River and the Strait of Georgia waterways, Gilmore Gardens' exceptional and home-like Independent Living retirement residence enjoys beautiful coastal mountain range views with plenty of park space and amenities close by, and on site.

Newly renovated in 2021, Gilmore Gardens is known in the community for its elegant architecture as well as its warmth and welcoming atmosphere created by the residents and team members. We look forward to welcoming you — and your pets! — to a place you'll feel proud to call home.

Be *on your own terms*



**GILMORE**  
GARDENS



*One bedroom suite*

## Our Accommodations

Create a living space that is uniquely you. Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite. You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

### Our suite features:

- Well-appointed kitchenettes
- Heat control for your suite
- Accessible showers in select suites
- 24/7 Emergency response system
- Pet-friendly

## Respite Stays

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.

- Weekly housekeeping service
- Window coverings
- Balconies or terraces on select suites
- Complimentary laundry facilities on each floor
- WiFi and cable included



*Private dining room*

## Our Amenities

Living at Gilmore Gardens Retirement Residence, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our lounge/bar and share a cappuccino, glass of wine, beer, or cocktail with you.

### Our residence features:

- Main dining room
- Fireside lounge
- Tuck shop
- Personal mailboxes
- Bistro and bar
- Library
- Outdoor terrace
- Secure underground parking
- Private dining room
- Activity room
- Transportation for planned excursions
- Country kitchen
- Piano lounge
- Guest suites
- Spa and hair salon
- Billiards



## Your Well-being

As evolving and varied as they may be, we all want our needs met in a certain way. At Gilmore Gardens Retirement Residence, we celebrate that. Our level of respect and dignity is unwavering.

INSPIRED SENIOR LIVING WITH



### Independent Living

- Chef-inspired meals available daily and a continental breakfast
- Access to first-class services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Life Enrichment wellness programs
- Resident wellness checks daily
- Weekly housekeeping services
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service
- 24-hour emergency staff available
- In-house access to pharmacy services

### Personalized Support

When you or your loved one needs some extra support, we offer additional services designed to supplement our full suite of Independent Living services.

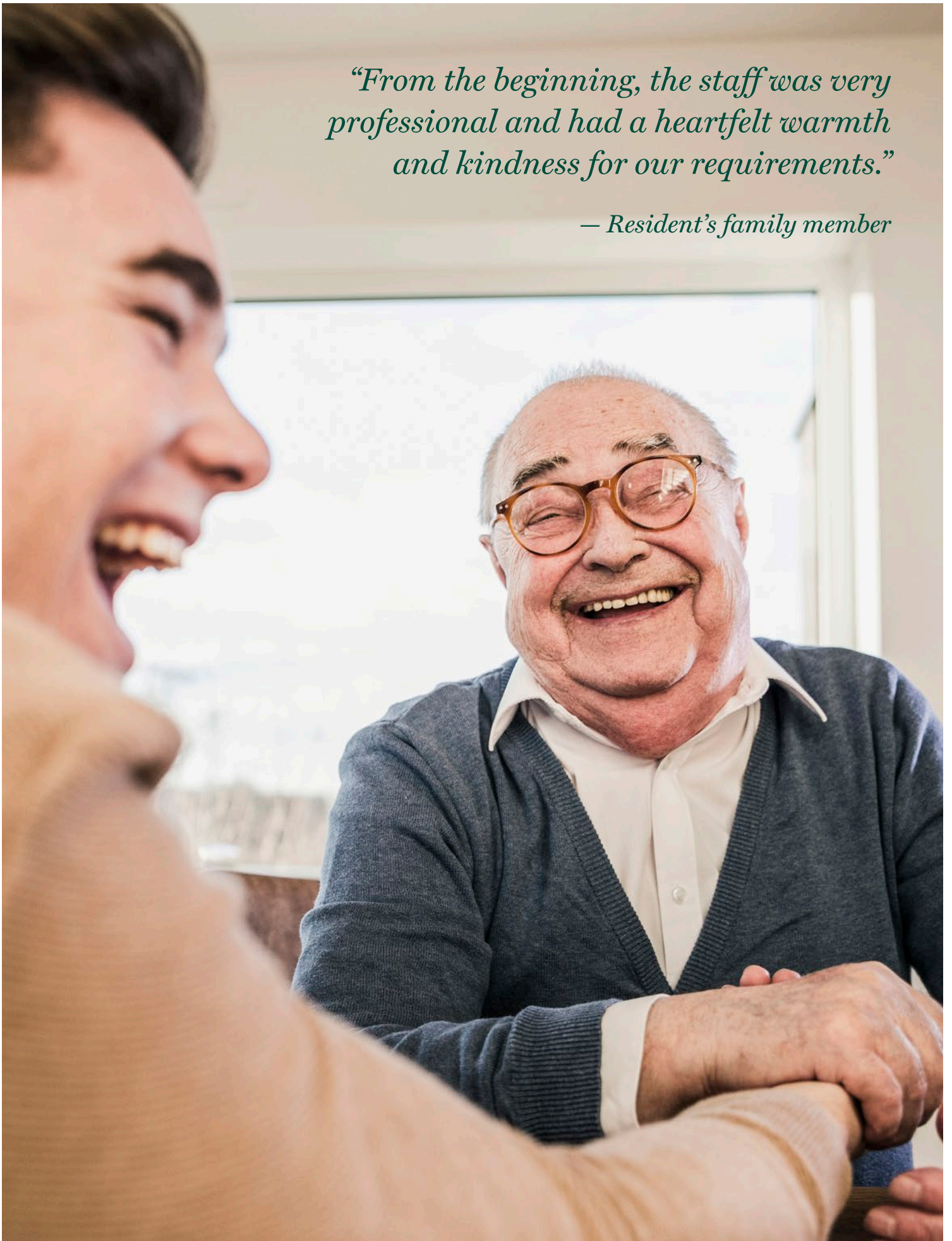
**Personalized support can include:**

- Medication reminders
- Weekly personal laundry

*Ask a representative for a complete list of our à la carte personalized support service options.*

*“From the beginning, the staff was very professional and had a heartfelt warmth and kindness for our requirements.”*

*— Resident’s family member*



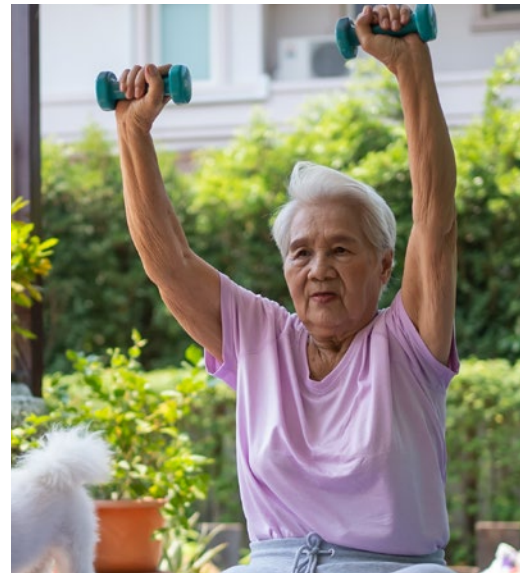
# *A fresh take on dining*

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that a good meal, formal or informal, is part of creating great memories. At Gilmore Gardens Retirement Residence, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- *Living, Loving, Local* food program
- Continental breakfast
- Diverse menu selection
- Dining room with open seating
- Themed meals
- Dietary accommodations
- Licensed bar, dining room, and patio
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including super foods







Indulge in immersive experiences and a community atmosphere unlike any other.

## Life Enrichment

At Gilmore Gardens Retirement Residence, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly activities calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!

- Excursions including shopping, sight seeing, museums, galleries, and to other local attractions
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- Various on-site non-denominational religious services
- Monthly resident council meetings

### Fitness classes include:

- Osteofit
- Drum Fit
- Go4Life
- Dance classes
- Yoga
- Tai Chi
- Chair Fitness
- Walking Club

### Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Fit Minds

*“Our philosophy for better health and well-being is living an inspired life.”*



## It's About You

Attention to individual needs and wellness is a priority at Gilmore Gardens Retirement Residence. We have a monitored emergency response system and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



## Safety & Security

Gilmore Gardens Retirement Residence is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you with peace of mind. We believe that you should feel safe and reassured when living in your new home. Our residence has innovative safety features.

- 24/7 emergency response pendant
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- Sprinkler system and smoke detectors
- Emergency response system in every suite



Emergency response pendant



Regular safety equipment checks



Sprinkler system and smoke detectors



In-suite emergency response system



Map not to scale

*A view of the idyllic grounds of Gilmore Gardens Retirement Residence.*



# West Richmond is the perfect place to live an *inspired* retirement

Gilmore Gardens is located just a short drive, bus or scooter ride to historic Steveston Village, where you can enjoy this quaint fishing village turned vibrant community of boutiques, restaurants, and coffee shops. Stop by Fisherman's Wharf for the catch of the day, or walk along the beautiful boardwalks with spectacular mountain views and the Gulf Islands. The Minoru Centre for Active Living, Richmond Centre Mall, and Minoru Park are just 20 minutes away by transit.

West Richmond is just a half-hour south of downtown Vancouver and a half-hour north of the United States border.





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*Live the retired life the way you were meant to.*



We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

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