

Let's journey together





# Retirement living can be *inspired* and *inspiring*.

Every day our residents prove that the historical definition of senior living can be reshaped and rethought.



### Welcome home

Awarded the Best of the South Okanagan (2021 and 2022) and the Seal of Approval Award in recognition of achieving 10 years of the highest standards in safety, security and services, The Concorde Retirement Community is dedicated to excellence in senior living options.

Professionally managed with a true family vibe, The Concorde Retirement Community promotes independent living with alternatives for residents to age in place and for couples to remain together as long as possible. Designed with comfortable living spaces, which feature large windows for plenty of natural light and amenities which include a resident garden with raised garden boxes, The Concorde Retirement Community is your perfect lifestyle choice for socialization, entertainment, friendship, and peace of mind.

Be on your own terms





### **Our Accommodations**

Create a living space that is uniquely you. Our suites come in different sizes, so you can pick the one that fits your style best. Relax and read your book or enjoy your favourite beverage in the privacy of your own suite. You will have access to great amenities and programs, as well as a community of people just like you. And if you have a furry family member, they're welcome too!

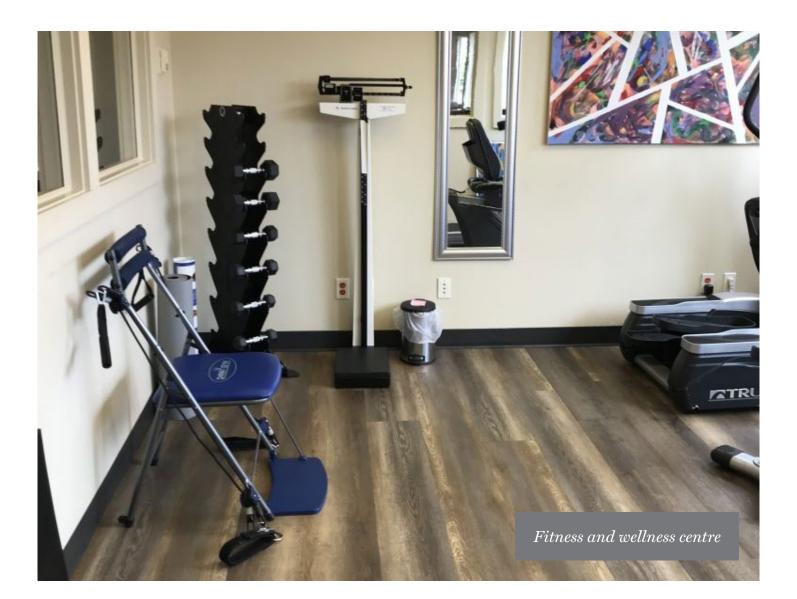
#### Our suite features:

- Well-appointed kitchenettes
- Climate control for your suite
- Accessible showers
- 24/7 Emergency response system
- Pet-friendly

## **Respite Stays**

We offer respite stay services in private, fully furnished suites that include a telephone, television, and a monitored emergency response system. Caregivers and family members can find relief and peace of mind knowing their loved ones are being looked after by professionals in a safe and secure environment that feels like home.

- Bi-weekly housekeeping service
- Window coverings
- Balconies in most suites
- Complimentary laundry facilities



### **Our Amenities**

Living at The Concorde Retirement Community, you will be energized and inspired—whether you're relaxing in the comfort of your suite, listening to live music, or enjoying a game of cards with friends. Experience our chef's home cooking and invite your family and friends to join you for a meal. Your friends will feel comfortable the moment they enter our lounge and share a cappuccino with you.

#### Our residence features:

- Main dining room
- Fitness and
  wellness centre
- Bistro
- Private dining room
- Country kitchen
- Hair salon
- Reading area
- Activity room
- Piano lounge
- Shuffle board
- Outdoor terrace
- Transportation for planned excursions
- Personal mailboxes



Your Well-being

As evolving and varied as they may be, we all want our needs met in a certain way. At The Concorde Retirement Community, we celebrate that. Though the types of support we offer are different, the level of respect and dignity we display is unwavering.

INSPIRED SENIOR LIVING WITH  $\mathcal{U}$ 

### Independent Living

- Two exceptional, chef-inspired meals daily and a continental breakfast
- Access to first-class services and amenities
- Specialized and purpose-built life enrichment and fitness programs
- Transportation for planned excursions
- Personalized wellness programs
- Access to support services as required
- Resident wellness checks (e.g. unexplained absence at lunch or dinner)
- Emergency response system including pendant
- Professional on-site management
- 24-hour security monitoring service
- In-house access to pharmacy services

### Personalized Support

When you or your loved one needs a little extra support, we offer a tailored approach to care with à la carte options designed to supplement our full suite of Independent Living services.

#### Personalized support can include:

- Medication administration
- Assistance with light personal care
- 24-hour registered staff
- Weekly personal laundry

Ask a representative for a complete list of our à la carte personalized support service options.



At The Concorde Retirement Community, we believe that all of our residents should live purposefully, with spirit, energy, and the confidence to participate fully in community and social events. Changing needs are always met with respect by our trained and specialized individual service providers.

### Assisted Living

Includes everything from Independent Living and also includes:

- Two exceptional, chef-inspired meals daily and a continental breakfast served in a private, family-style dining area
- Bi-weekly personal laundry service
- Bi-weekly housekeeping (garbage removal, bed making, and light bathroom tidy)
- Medication administration
- Assistance with personal care needs (i.e. dressing, personal hygiene, ambulation, and continence care)
- · Assistance with bathing and showering
- Ordering of personal hygiene supplies
- Health counselling, referrals, and liaison with medical practitioners

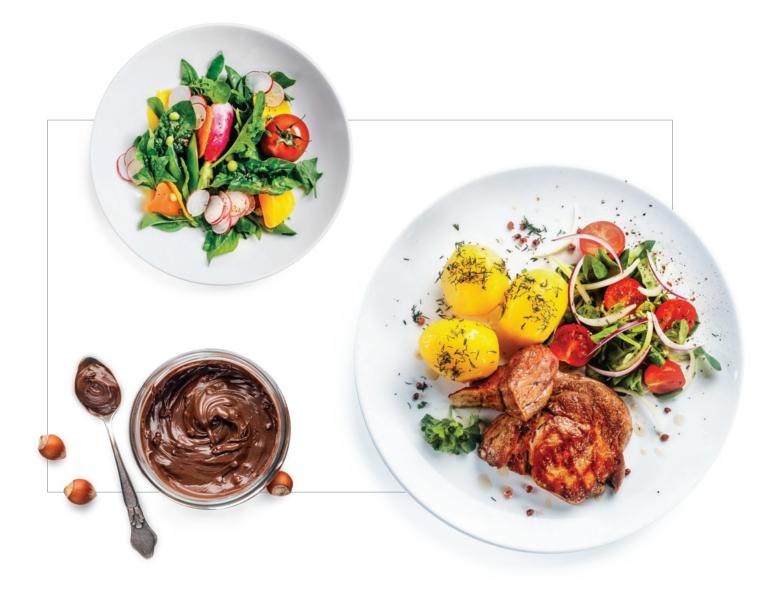
"From the beginning, the staff was very professional and had a heartfelt warmth and kindness for our requirements."

- Resident's family member

# A fresh take on dining

For most of us, the kitchen is the heart of any home where everyone is welcome, and everyone's tastes and preferences are taken into consideration. We agree that a good meal, formal or informal, is part of creating great memories. At The Concorde Retirement Community, our culinary team takes care of everything so you can enjoy your time with friends and family. We are quite literally at your service!

- Living, Loving, Local food program
- Continental breakfast
- Dining room
- Monthly brunches
- Daily specials and à la carte menu options
- Dietary accommodations
- Express lunch
- Private dining room for family gatherings
- Healthy choices, including superfoods





Indulge in immersive experiences and a community atmosphere unlike any other.

### Life Enrichment

At The Concorde Retirement Community, everything we do is to ensure that you have a great day, every day! That's why we hold monthly meetings to recognize that your opinions and suggestions are valued. Our monthly activities calendar is a great reflection of how we act upon your ideas. Selected by the residents, our engaging activities will inspire you to participate!

- Excursions to museums, galleries, and entertainment venues
- Guest speakers specializing in music, art, health, education, technology, and politics
- Regularly scheduled live entertainment
- On-site vendors offering unique clothing, jewelry, and more so you can shop in the convenience of your home
- · Various on-site non-denominational religious services
- Monthly resident council meetings

#### Fitness classes include:

- Walk Fit
- Drum Fit
- Go4Life
- Stretch and Strength
- Yoga

Other purposefully designed programs include:

- Meet Me at the MoMA
- Artfull Enrichment Program
- Java Music Club
- Fit Minds

"Our philosophy for better health and well-being is living an inspired life."

## It's About You

Attention to individual needs and wellness is a priority at The Concorde Retirement Community. We have a monitored emergency response system and are staffed 24 hours a day by a team of individuals dedicated to your comfort and well-being. In addition, your Health & Wellness Manager provides health assessments and co-ordination of other services as needed.



# Safety & Security

The Concorde Retirement Community is a place you can call home, and not because it's where you wake up every morning, but because you're surrounded by people who care about your well-being, providing you with peace of mind. We believe that you should feel safe and reassured when living in your new home. Our residence has innovative safety features.

- 24/7 emergency response pendant
- Security door system and cameras in public areas
- Regular fire safety and equipment testing
- · Sprinkler system and smoke detectors
- Emergency response system in every suite

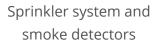


Emergency response pendant



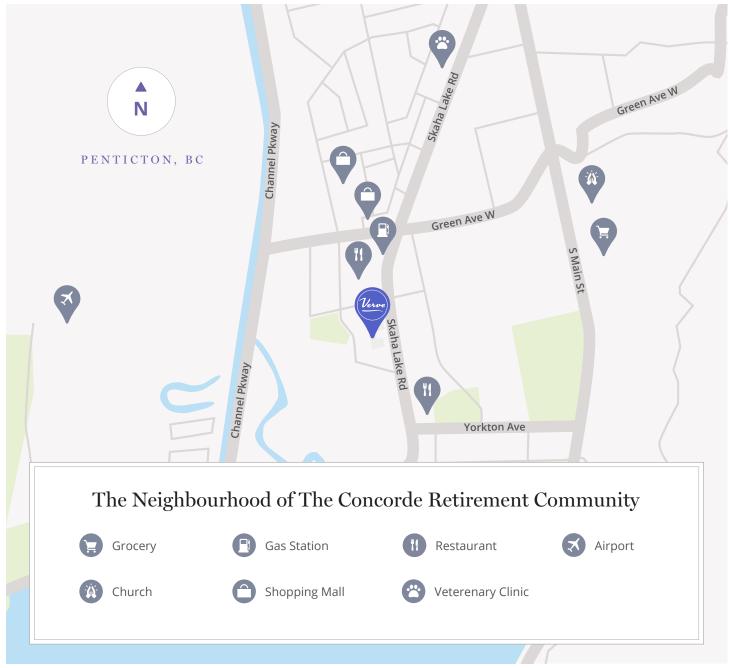
Regular safety equipment checks







In-suite emergency response system



Map not to scale

A view of the idyllic grounds of The Concorde Retirement Community.



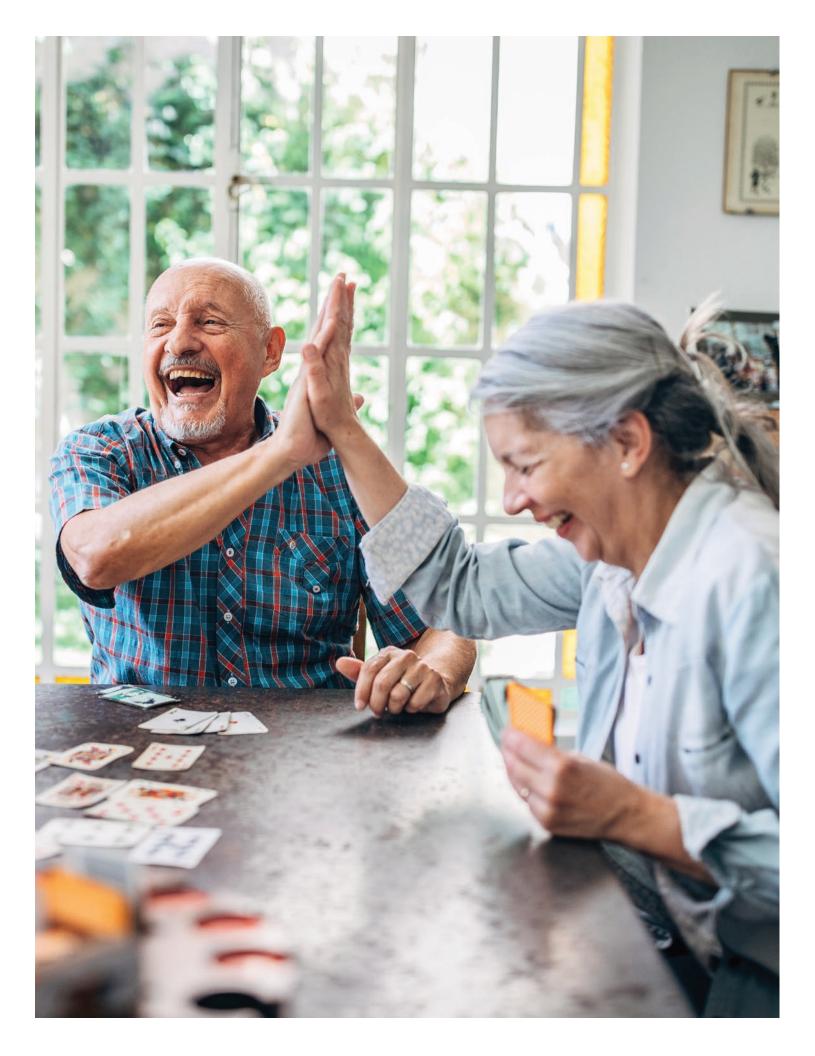
# A one-of-a-kind place where you can escape the everyday, every day

The Concorde Retirement Community is centrally located near shopping and conveniently within walking distance of most amenities, parks and beaches. Proudly nestled between Okanagan and Skaha Lakes, the Concorde is also close to the regional hospital, Penticton airport, and beautiful BC's wine country.





Penticton boasts lush greenery and charming, picturesque landscapes at every turn.



Live the retired life the way you were meant to.



#### We believe retirement living can be *inspired*, and *inspiring*.

Every day our residents redefine aging by experiencing retirement with purpose. An empowered life built on the pillars of mind, body, and spirit is the cornerstone of Verve Senior Living, supported by a professional team with a passion for excellence.

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