

## Sample Lunch and Dinner Menu

- Spring / Summer -



## Sample Spring/Summer Lunch Menu

	Soup	Entrée			Dessert
Monday	Beef Vegetable	Shrimp & Mandarin Orange Salad with Dinner Roll	or	Turkey Bacon Lettuce and Tomato Sandwich and Caesar Salad	Assorted Desserts
Tuesday	Corn Chowder	Crab Macaroni and Cheese with Mixed Green Salad	or		Assorted Desserts
Wednesday	Miso Tofu & Vegetable	Stewed Beef with Daikon and Dinner Roll	or	Smoked Salmon Sandwich with Coleslaw	Assorted Desserts
Thursday	Cream of Leek	Cobb Salad Turkey Blue Cheese Tomato Egg with Garlic Bread	or	Roast Beef and Cheddar Sandwich with Greek Salad	Assorted Desserts
Friday	Egg Drop Soup	Fresh Fruit Plate with Cottage Cheese and Warm Scone	Or		Assorted Desserts
Saturday	Carrot Ginger	Egg Foo Yung with Asian Coleslaw	or	Reuben Sandwich on Canadian Rye Bread with Coleslaw	Assorted Desserts
Sunday	Minestrone	Ham Asparagus and Brie Quiche and Homefries	or	Chicken and Grape Salad Sandwich with Homefries	Assorted Desserts

## Sample Spring/Summer Dinner Menu

	Appetizer	Entrée			Vegetable	Dessert
Monday	Spring Greens Strawberries and Goat Cheese	Chicken A la King in Puff Pastry with Steamed Rice	or	Teriyaki Glazed Salmon Pineapple Salsa with Steamed Rice	Baked Tomato / Roast Zucchini	Red Velvet Cake
Tuesday	Bruschetta	Baked Maui Short Ribs with Mash Potatoes	or	Almond Crusted Sole with Tartar Sauce and Mash Potatoes	Broccoli / Yellow Beans	Key Lime Pie
Wednesday	Spring Roll Asian Slaw	Maple Orange Glazed Chicken Breast with Roast Red Potatoes	or	Shrimp Pad Thai with Steamed Rice	Butternut Squash / Cauliflower	Mango & Coconut Panna Cotta
Thursday	Broccoli Salad	Shepherd's Pie	or	Pork & Vegetable Dumplings & Pork Sui Mai with Steamed Rice	Maple Glazed Carrot / Sauteed Spinach	Country Carrot Cake
Friday	Fennel & Fresh Pear Salad	Asian BBQ Pork with Steamed Rice	or	Red Snapper Strawberry Salsa with Steamed Rice	Corn on the Cob / Baby Bok Choy	Peach Tart
Saturday	Chickpea Salad	Miso Soy Glazed Cod with Steamed Rice	or	Chicken Thigh Braised with Apples & Cider and Steamed Rice	Roast Baby Carrots / Sweet Peas	Lemon Streusel Cake
Sunday	Shrimp Cocktail	Prime Rib au Jus Yorkshire Pudding with Mash Potatoes	or	Pan Fried Lobster Cake Tartar Sauce with Mash Potatoes	Green Beans / Red Peppers	Strawberry Shortcake