

INSPIRED SENIOR LIVING



November 2022 Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		FOOTCARE & HAIR SALON NATIONAL DIABETES MONTH 10:30 Functional Fitness (10:30am) 11:00 Fall Spelling Bee 1:30 Hymn Sing with Pastor Lee 2:30 Pet Therapy Dog Visit 3:00 Life Enrichment Monthly Meeting 6:00 Disney+ Movie: Rosaline	PURDY'S ORDERS BEGIN!210:00 Van Shuttle Service10:00 Let's Get Movin' with Michel!2:00 BINGO!3:00 Weekly Tea & Treats Cart6:00 Netflix TV Series: Virgin River6:30 Working on the Jigsaw Puzzle	 10:00 Gentle Fitness with Brenda 10:30 CRAFT: Make Clay Jewelry Bowls & Stamped Ornaments 1:30 Van to Shoppers Drug Mart (20% off Senior's Day) 3:30 Java Music & Discussion 6:00 Disney+ Movie: The Last Duel 6:30 Scrabble in the Games Room 	 10:00 DRUM FIT Class to Music 11:00 Movember Mustache Craft in the Art Room 1:30 Hymn Sing with Pastor Lee 3:00 Happy Hour: John Dean 6:00 Disney+ Movie: Gifted (PG) 6:30 Paint By Numbers for Adults 	 10:30 Fitness Video (DVD) 1:00 YouTube Travel Show with Rick Steves: PARIS 2:00 CRAFT: Painting Poppy Rocks for Remembrance Day Display 3:00 Go 4 Life Walking Club 6:00 Disney+ Movie: Pretty Woman 6:30 Dominoes and Card Games
 10:30 Virtual Church Service 10:30 In-Person Worship @ Trinity Baptist Church 1:00 YouTube Travel Show with Rick Steves: Greece 2:00 BINGO with Udo! 3:00 Go 4 Life Walking Club 3:00 Dominoes and Card Games 6:00 Disney+ Movie: The Martian (Starring Matt Damon) 	 10:00 Tai Chi with Eric Liu 11:00 Old Maid & Crazy 8s Card Game 1:30 Adult Mosaic Colouring 2:00 BINGO! 3:00 Ice Cream Cones Served 3:30 Go 4 Life Walking Club 6:00 Disney+ Movie: The French Dispatch 	FOOTCARE & HAIR SALON NATIONAL CAPPUCCINO DAY 10:30 Functional Fitness (10:30am) 11:00 Java Music & Discussion 1:30 Hymn Sing with Pastor Lee 3:00 Beanbag Toss Game 6:00 Disney+ Movie: The Prestige (PG)	 10:00 Van Shuttle Service 10:00 Let's Get Movin' with Michel! 2:00 NEW "Symbols of British Columbia" (Parliamentary Education Series) Via Zoom 3:00 Weekly Tea & Treats Cart 3:30 Fit Minds 6:00 Netflix TV Series: Virgin River 6:30 Working on the Jigsaw Puzzle 	 10:00 DRUM FIT Class to Music 10 11:00 ALTAVIDA FASHIONS CLOTHING SALES (11 - 2) 2:00 CRAFT: Finish Painting our Clay Jewelry Bowls & Stamped Clay Ornaments 2:30 ART: Painting a Field of Poppies 6:00 Netflix TV Series: The Crown (Season 5) 6:30 Scrabble in the Games Room 	REMEMBRANCE DAY 11 10:30 DVD Fitness Class at 10:30am11:00 Netflix Documentary: WWII in Color Road to Victory2:15 Remembrance Day Words Shared, Poetry Reading, One Minute of Silence3:00 Happy Hour: Greg Alcock6:00 Disney+ Movie: The Finest Hours 6:30 Paint By Numbers for Adults	 10:30 SEATED CHAIR YOGA CLASS 12 WITH SARAH DE LUCCA 1:00 YouTube Travel Show with Rick Steves: ITALY 2:30 Jigsaw Puzzle 3:00 Go 4 Life Walking Club 6:00 Netflix Movie: City Slickers (1991) 7:00 Dominoes and Card Games
WORLD KINDNESS DAY 10:30 Virtual Church Service 10:30 In-Person Worship @ Trinity Baptist Church 1:00 Disney+ Documentary: Flooded Tombs of the Nile 2:30 Live Classical Music, Youth Musician & Artist Association 3:00 Go 4 Life Walking Club 6:00 Disney+ Movie: Flicka	 10:00 Tai Chi with Eric Liu 11:00 Group Trivia! 1:30 Giant Crossword 2:45 Van to Planetarium Star Theatre @ The H.R. McMillan Space Centre 3:30 Go 4 Life Walking Club 6:00 Disney+ Movie: Three Billboards Outside Ebbing, Missouri 7:00 Dominoes and Card Games 	FOOTCARE & HAIR SALON I LOVE TO WRITE DAY 9:00 Flu and Vaccine Clinic (9am - 2pm) 10:30 Functional Fitness in the Lounge 2:30 Pet Therapy Dog Visit 3:00 Creative Writing, Poetry & Haiku 6:00 Movie Night:	NEW LIBRARY BOOKS DELIVERED 16 TODAY 10:00 Van Shuttle Service 10:00 Let's Get Movin' with Michel! 2:00 BINGO! 3:00 Weekly Tea & Treats Cart 3:30 Book Club Meeting 6:00 Netflix TV Series: Virgin River 6:30 Working on the Jigsaw Puzzle	 10:00 Gentle Fitness with Brenda 10:30 Van to Shoppers Drug Mart (20% off Senior's Day) 2:00 Resident General Meeting 3:00 Java Music & Discussion 6:00 Netflix TV Series: The Crown (Season 5) 6:30 Scrabble in the Games Room 	APPLE CIDER DAY 10:00 DRUM FIT Class to Music 11:00 Fit Minds 1:30 Hymn Sing with Pastor Lee 3:00 Happy Hour: Peter Williams 6:00 Disney+ Movie: The Mountain Between Us 6:30 Paint By Numbers for Adults	 10:30 Fitness Video (DVD) 1:00 YouTube Travel Show with Rick Steves: SCOTLAND 1:30 Netflix Documentary: Chef's Table 2:30 Jigsaw Puzzle 3:00 Go 4 Life Walking Club 6:00 Disney+ Movie: The Last King of Scotland 7:00 Dominoes and Card Games
CANADA HISTORY WEEK 20 10:30 Virtual Church Service 10:30 In-Person Worship @ Trinity Baptist Church 2:00 BINGO with Wendy! 3:00 BC Youth Philharmonic Orchestra Performs 3:00 Go 4 Life Walking Group 6:00 Disney+ Movie: The Greatest Showman	10:00 Tai Chi with Eric Liu2111:00 Preschool Children Visit & Sing (Ages 3 & 4)2:00 Safety Talk by Vancouver Community Police re: Telephone & Email Scams & Identity Theft3:00 Adult Mosaic Colouring3:30 Go 4 Life Walking Club6:00 Disney+ Movie: The Proposal (G) 6:30 Scrabble in the Games Room	FOOTCARE & HAIR SALON 22 10:30 Functional Fitness (10:30am) 11:00 The Vinyl Cafe Stuart McLean 1:00 Van to Museum of Anthropology & Gift Shop for Christmas Shopping 1:30 Hymn Sing with Pastor Lee 2:30 CRAFT: Paint a Canadian Winter Scene Using Acrylics 6:00 Disney+ Movie: The Valet	 10:00 Van Shuttle Service 23 10:00 Let's Get Movin' with Michel! 2:00 Chair Yoga Class with Sarah de Lucca 3:00 Fresh Fruit & Veggie Platters and Blueberry Banana Smoothies Served 3:30 Fit Minds 6:00 Netflix TV Series: Virgin River 6:30 Working on the Jigsaw Puzzle 	 10:00 Gentle Fitness with Brenda 24 11:00 Fit Minds 2:00 Wellness Clinic with Biant 2:00 Chef Chat & Demo with Chef Michael "Food For Thought" 3:00 BINGO! 6:00 Netflix TV Series: The Crown (Season 5) 7:00 Dominoes and Card Games 	 10:00 DRUM FIT Class to Music 11:00 Meet me at the MOMA Art Project 1:30 Hymn Sing with Pastor Lee 3:00 Happy Birthday & Welcome Happy Hour: Ranj Singh 6:00 Disney+ Movie: Kingsman: The Secret Service 6:30 Paint By Numbers for Adults 	10:30 Fitness Video (DVD)261:00 YouTube Travel Show with Rick Steves: SWITZERLAND2:30 Jigsaw Puzzle3:00 Go 4 Life Walking Club6:00 Disney+ Movie: When in Rome7:00 Dominoes and Card Games
 10:30 Virtual Church Service 27 10:30 In-Person Worship @ Trinity Baptist Church 1:00 YouTube Travel Show with Rick Steves: BARCELONA 2:00 BINGO with Biant! 3:00 Go 4 Life Walking Group 3:00 Vanstrings Youth Chamber Music 6:00 Disney+ Movie: The Fault in Our Stars 	10:00 Tai Chi with Eric Liu2811:00 Fit Minds2:00 Travel Show with Udo: Singapore3:00 Meet me at the MOMA - Art Painting Project3:30 Go 4 Life Walking Club6:00 Disney+ Movie: Death on the Nile7:00 Dominoes and Card Games	FOOTCARE & HAIR SALON 29 10:30 Functional Fitness (10:30am) 11:00 Van Trip Scenic Drive Musqueam & Shaughnessy 1:30 Hymn Sing with Pastor Lee 2:30 Pet Therapy Dog Visit 3:00 Staff and Resident Talent Show 4:30 Living Loving Local, Farm To Table Dinner Tonight 6:00 Disney+ Movie: Wild	10:00 Van Shuttle Service3010:00 Let's Get Movin' with Michel!1:00 Education Session: Ethnicity & Immigration in Canada (Virtual/Zoom)2:00 BINGO!3:00 Weekly Tea & Treats Cart6:00 Netflix TV Series: Virgin River6:30 Working on the Jigsaw Puzzle		Thank you.	



