

SAMPLE FALL MENU

MONDAY

LUNCH

Salad: Marinated 4 Bean Salad
Entrée 1: Split Pea & Ham Soup
Entrée 2: Spinach & Swiss Quiche
Dessert: Pears Belle-Helene

DINNER

Salad: Spring Mixed Greens with Ranch Dressing
Entrée 1: Beef Ravioli in Tomato Basil Sauce
Entrée 2: Herb Roasted Chicken Thighs, Garlic Mashed Potatoes & Gravy
Sides: Steamed Cauliflower & Cherry Tomatoes
Dessert: Date & Nut Loaf

TUESDAY

LUNCH

Salad: Tuscan Mix Salad w/ French Dressing
Entrée 1: French Onion Soup
Entrée 2: Chicken Melt w/ Applewood Cheddar
Dessert: Bavarian Cream Parfait w/ Berries

DINNER

Salad: Spinach Salad w/ Mandarins & Feta Cheese
Entrée 1: Beef Scotch Pies, Steamed Parsley Potatoes, & Gravy
Entrée 2: Poached Atlantic Salmon in Parsley Cream Sauce
Sides: Corn, Red Peppers, and Peas
Dessert: Apple Crisp & Ice Cream

WEDNESDAY

LUNCH

Salad: Asian Coleslaw
Entrée 1: Chicken Rice Soup
Entrée 2: Shrimp Lo Mein with Bok Choy
Dessert: Rice Pudding w/ Whipped Cream & Maraschino Cherry

DINNER

Salad: Classic Caesar Salad w/ Grated Parmesan Cheese & Focaccia Croutons
Entrée 1: Pork Loin Chop in w/ Mushroom Sauce
Entrée 2: Beef Burgundy w/ Rice Pilaf
Sides: Honey Dill Julienne Carrots
Dessert: Fruit Cocktail w/ Whipped Cream

THURSDAY

LUNCH

Salad: Green Salad w/ Mandarins, Toasted Almonds, & Thousand Island Dressing
Entrée 1: Red Lentil Soup
Entrée 2: Perogies w/ Garlic Sausage & Sour Cream
Dessert: Apricot Glazed Fresh Blueberry Tart

DINNER

Salad: Mixed Green Salad w/ Cherry Tomatoes, Green Onions, & Catalina Dressing
Entrée 1: Roasted Lemon Chicken w/ Gravy & Herb Roasted Potatoes
Entrée 2: Fettuccini Alfredo w/ Seafood
Sides: Sautéed Brussel Sprouts w/ Bacon & Onion
Dessert: Red Velvet Cupcake

FRIDAY

LUNCH

Salad: Mixed Greens w/ Balsamic Dressing
Entrée 1: Beef & Mushroom Soup
Entrée 2: Beef Sliders w/ Potato Wedges & Chipotle Aioli
Dessert: Almond Custard w/ Peaches

DINNER

Salad: Creamy Coleslaw w/ Sunflower Seeds
Entrée 1: Lemon Herb Crusted Sole Fillet
Entrée 2: Stuffed Peppers w/ Mashed Potato & Beef Gravy
Sides: Parisian Mix Vegetables
Dessert: Strawberry Parfait

SATURDAY

LUNCH

Salad: Classic Caesar Salad w/ Grated Parmesan Cheese & Focaccia Croutons
Entrée 1: Chicken Noodle Soup
Entrée 2: Green Olive Tapenade Penne topped w/ Fresh Tomatoes, Black Olives, & Feta Cheese
Dessert: Baked Rhubarb Crumble w/ Vanilla Ice Cream

DINNER

Salad: Tossed salad w/ Tomato, Cucumber & Ranch Dressing
Entrée 1: Chicken a la King Herb Biscuit
Entrée 2: European Style Meatloaf w/ Mashed Potato & Gravy
Sides: Turnips & Carrots
Dessert: Fruited Jello & Whipped Cream

SUNDAY

LUNCH

Salad: Tomato Bocconcini Salad w/ Fresh Basil & Balsamic Dressing
Entrée 1: Winter Vegetable Soup
Entrée 2: Turkey Sandwich w/ Cranberry Mayonnaise & Brie Cheese
Dessert: Mango Yogurt Parfait

DINNER

Salad: Greek Salad w/ Feta Cheese
Entrée 1: Roasted Beef w/ Yorkshire Pudding, Gravy, & Roasted Potatoes
Entrée 2: N/A on Sundays
Dessert: Orange Cake w/ Orange Zest Glaze

A variety of refreshments including Baked Goods, Local Seasonal Fruit & Other Assorted Snacks are provide daily.



BAPTIST HOUSING
SENIORS LIVING