



# LAKESIDE GARDENS

SENIORS COMMUNITY



## *All Inclusive Living for Seniors*

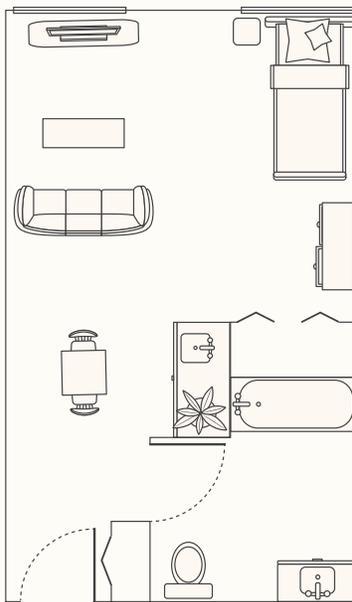
Lakeside Gardens Seniors Community offers quality services, independent and assisted living, and a variety of amenities for Nanaimo's seniors. Supporting our residents through the pandemic has been our priority and focus - with everything you need to both live comfortably and safe under one roof. Choose from a studio, one bedroom or two bedroom suite, in our all inclusive monthly packages.

250.756.0799 | [llamontagne@lakeside-gardens.com](mailto:llamontagne@lakeside-gardens.com)

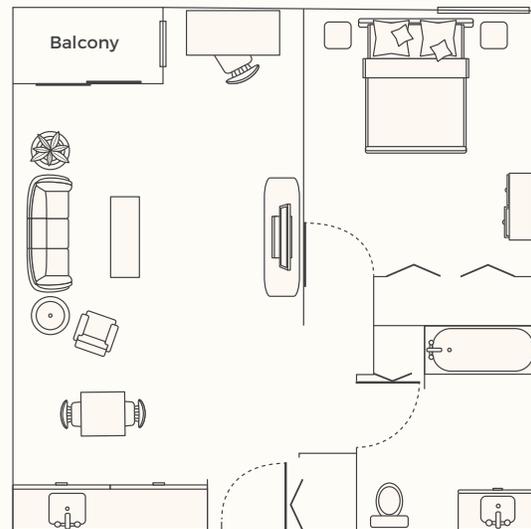
[lakeside-gardens.com](http://lakeside-gardens.com) | 4088 Wellesley Avenue, Nanaimo BC

# Suites & Floorplans

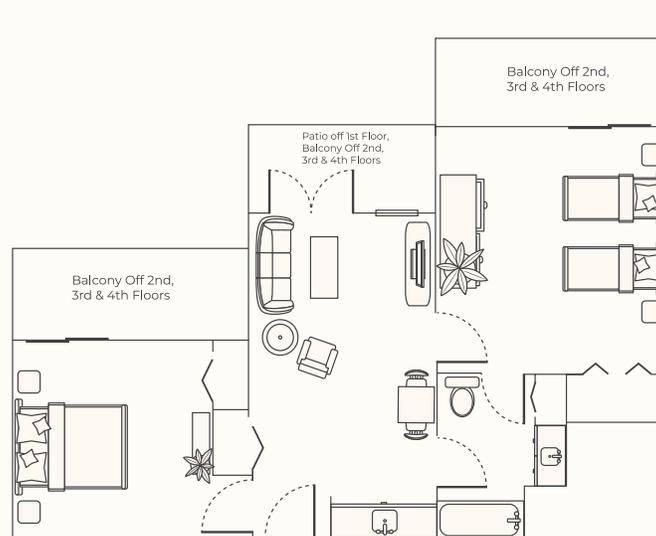
Enjoy spacious, classically designed suites with kitchenettes, available with a variety of floor plans and styles to suit your personal preferences. Some offer outdoor space (such as a balcony or garden area). Safety features within the suite (wearable pendant) include an emergency response system, suite sprinkler, and grab bars. Your monthly rental also includes utilities, basic cable, telephone, three daily meals, weekly housekeeping, recreational programs and activities.



STUDIO



ONE BEDROOM



TWO BEDROOM



## Dining

Enjoy 3 freshly-prepared meals daily at your own pace in our lakeside dining room beside the fireplace. We offer nutritious home-cooked meals served to you daily, and cater to your dietary requirements. Our comfortable atmosphere extends to our dining room, where restaurant-style seating means more time for lingering during your meals.

### Sample Menu

#### Breakfast

a la Carte Breakfast Menu

Choice of juices and fresh fruit, hot or cold cereal, eggs, bacon, sausage, pancakes, and toast with assorted jams, peanut butter and honey.

*Enjoy our continental breakfast on each floor.*

*(After COVID restrictions have been lifted)*

#### Dinner

Roast Beef with Yorkshire Pudding, Mashed Potatoes, Parsnips, Vegetable Medley, Brussels Sprouts

All above choices include homemade soup, salads or rolls

#### Lunch

BBQ Pork Rib burger with Caesar Salad  
Soup De Jour, Cole Slaw, Green Salad, Fries  
or B.L.T., Fish & Chips, Turkey & Cranberry Sandwich

Soup De Jour: Beef Barley or Roasted Acorn Squash

#### Dessert

Dessert Special of the Day

Also Choice of Fresh Fruit Cup, Ice Cream, Pudding or Jell-O

Guest meals always available for family and friends.

# Lifestyle

## Connecting you to community

When you walk into Lakeside Gardens, you walk into connection and friendships. Enjoy coffee, tea and three meals daily, overlooking Nanaimo's Long Lake beside the cozy fire. Dining is on your schedule with our restaurant style hours allowing you to choose when you'd like to eat. Residents also enjoy other common areas such as the library equipped with computers, the big screen TV in the entertainment room, shuffle board and pool table, and more. Our collaborative and socially-distanced calendar is crafted each month with an abundance of social, cultural, and recreational activities, including health and wellness programs, games, special events, outings and more.



Activities  
Calendar



Close to  
Amenities



Quiet  
Library



Games/Activity  
Room



Lake Views



## Recreation & Events

Social and recreational activities are co-planned by residents and staff and include things such as:

- Exercise, fitness, and wellness programs
- Creative pursuits (Knit & Knatter)
- Worship service programs
- Daily social / recreational activities
- Monthly Happy Hour
- Music entertainment
- Current Affairs
- Bingo, Trivia, Puzzles, and Brain Games
- Special Outings

# Services

Hospitality is at the heart of what we do at Lakeside Gardens, ensuring residents always have what they need, when they need it. Our staff are available 24 hours to help with anything we can. A personal service package can be designed to suit your needs. Transportation to off-site appointments can also be arranged and weekly housekeeping is included with your monthly rental, as well as personal linen service.

## 24 Hour Emergency Response

Relax and enjoy the retirement you deserve while without worrying. Lakeside Gardens is pleased to provide an emergency response system. Should you require assistance during a medical emergency, our staff can respond immediately and dispatch the appropriate help you need 24/7.

## Support Services

Additional support services available for those that require extra help including personal care and medication assistance. A complimentary drop in blood pressure clinic is scheduled regularly with our registered nurse.



*Because Seniors deserve our very best!*

# 2021 Pricing

Thank you for your interest in Lakeside Gardens Seniors Community located in the heart of beautiful Nanaimo, British Columbia. Our vibrant Independent Living Residence is proudly owned and operated by VRS Communities, a non-profit organization. VRS Communities is dedicated to providing seniors with a clean and safe environment, quality home cooked meals, service oriented staff, and opportunities to stay active and meet new friends. Lakeside Gardens offers great value and is one of the most affordable retirement residences in the province.

With beautiful views of Long Lake, Mount Benson and in a great location, close to all amenities, including nearby Country Club Centre Mall, Lakeside Gardens has it all. With its spectacular setting and caring staff, Lakeside Gardens provides you with a welcome blend of social activity and personal independence, of secure living and friendly companionship.

## *All-inclusive Pricelist:*

Lakeview Studio

From \$2,800 Per Month

One Bedroom Suite

From \$3,287 Per Month

Two Bedroom Suite

From \$4,080 Per Month

Second Occupant - \$650 Per Month



**LAKESIDE  
GARDENS**  
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\*Prices starting from and subject to change and availability